



Monthly Menu - June 2018

Rainbow Heights Club is a psychosocial support and advocacy organization serving lesbian, gay, bisexual and transgender people living with mental illness.

A sugar-free beverage and garden salad and/or fresh garden vegetables are served with all meals. Healthy afternoon snacks!

Menu is subject to change.



				1 Jasmine's Quiche
4 Lynette's Tuna/Cheese Sandwiches	5 Chris's Macaroni Salad	6 Sunny's Tortellini Pasta	7 Kenny's Baked Ziti	8 Mark's Turkey Burger Bar
11 Michelai's P & J Sandwiches	12 Sunny's Ravioli Pasta	13 Valerie's Curry Chicken	14 Kenny's Black Beans & Rice	15 Mark's Mac N Cheese
18 Mark's Egg Salad on Wrap	19 Chris's Breakfast Burrito	20 Mark's Grill Cheese & Potato Tots	21 Kenny's Cheesy Bean Casserole	22 PRIDE PARTY
25 CLOSED	26 Sunny's Tuna/ Cheese Sandwiches	27 Valerie's Chicken Pasta	28 Kenny's Red Beans with Rice & Veggies	29 Mark's Hot Dog Bar